

Print this race bib out, cut around the white edges and pin it to your shirt to wear when you're out walking or running!

*The 21<sup>st</sup>*  
**ADRA**  
*Run*  
*Run against poverty!*

*The No Excuses* **ADRA** *Run*

2020

*Proudly supported by:*



Make sure to take a photo of you wearing your race bib and share it on social media using #ADRARun2020