



SUSTAINABLE LIVELIHOODS | LOCAL NEWS

VOLUME 2 | 2018

ADRA &
YOU



WORDS FROM THE C.E.O.

Kia Ora ADRA family!

In this edition, we feature 'sustainable livelihood' as it is a crucial part of our work and one of the four pillars of well-being through which we plan ADRA's interventions. But what do we actually mean by sustainable livelihood and what are we trying to achieve?

Sustainable livelihood refers to improving economic opportunities for local communities through:

- farming technique & crop selection training
- practical small business management skills training
- connecting farmers to markets

This approach improves access to nutritious food, education and healthcare so children and families living in poverty can build long term resilience and thrive.

ADRA partners with small scale farmers who are motivated to see their lives and communities improve. Common struggles faced by farmers are often the result of limited access to land, out-dated agriculture technologies & practices and limited access to capital for inputs. We also partner with the New Zealand Ministry of Foreign Affairs & Trade, local government agricultural services, research institutes like the Plant & Food Research Institute of New Zealand, and universities such as Massey University. Together, we make a significant difference!

Over the last 30 years, ADRA's holistic approach to sustainable livelihoods through strategic partnerships with key stakeholders has been very successful. Together with your support, ADRA has enabled thousands of children and families to become more resilient and self-sustained. Clear examples are currently in Myanmar, Cambodia, and Timor-Leste, where ADRA has engaged in 5-year programmes facilitating life-changing livelihood opportunities for more than 75,000 children and families.

In Myanmar, we worked with Daw Zing Sui, who was widowed in 2012 when her husband was murdered. Through a sustainable livelihood project, ADRA revived a water canal that had previously been storm damaged. Water supply was restored to her rice field, enabling Daw to grow enough for her family's consumption and to sell. Daw is now able to pay for other necessities such as school fees and healthcare services for her children.

Sustainable livelihood initiatives are only possible when you and ADRA partner together, to ensure ongoing support. Real and lasting change does not happen overnight and requires responsible and adequate investment. The amazing thing is that thousands of children and families have the possibility to change their lives and live with dignity when such opportunities are created. The world can become a better place when you and I make an effort to see it changed. Will you engage in our sustainable livelihood initiatives?

Thank you in advance!



Denison Grellmann, Chief Executive Officer
ADRA New Zealand





Thank you for your generous support to the Every Drop Matters campaign. In June, you helped us raise over \$10,000. Together we will save lives and empower families through education, access to safe water and hygiene facilities.

ADRA CONNECTIONS

VANUATU TRIP 2017

I just recently changed the background on my desktop to a Vanuatu picture. It reminded me of the great blessing of joining the ADRA Connections Vanuatu Trip. I will always treasure those moments. Last year, I saw a poster from ADRA, advertising a trip to Vanuatu. My heart started pumping and I felt the still voice saying: "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me" (Matthew 25:40, NIV).

I couldn't sleep and started praying for the Lord's leading. Many questions arose, work, family and finances. How Lord shall I do it? I prayed about it with my pastor and shared it with our church board and we all gladly prayed for God's leading. As a church family, we gathered together to fundraise. We held a social-night and raised \$4,000 which was more than enough to cover the fees. I was overjoyed!

Two of us travelled to Espiritu Santo for 10 days with the ADRA Connections team. We did not just help the build toilets, God used me beyond my expectations. We sang, played and prayed with the local children and mothers. We taught them how to cook vegetarian meals and how to make Filipino bread with shredded sweet coconut. In return the beautiful women taught us how to weave a fan from coconut leaves.

No words can describe how blessed I felt. God works every step of the way as we surrender all to Him. I want to encourage you...The mission field is ready for you and many people are waiting to know the love of Jesus through your actions. Remember, it takes as little faith as the mustard seed to make things happen. "Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you" (Matthew 17:20 NIV).

-Eva Buttler, Filipino Multicultural Seventh-day Adventist Church, Christchurch

If you want to take part in this life changing experience, join the ADRA Vanuatu 2019 trip, taking place 6-15 July 2019. E-mail connections@adra.org.nz



ADRA IN ACTION

BY VIRGINIA PYCROFT + SAMUEL LING KEE



In November 2016 the ADRA Sustainable Rural Economic (SURE) project in Myanmar began its support of 12 villages in Matupi Township, southern Chin State. This includes:

- Training and mentoring local agricultural workers and farmers
- Establishing plant nurseries and irrigation systems
- Providing seeds and farming equipment to support value-adding agricultural activities
- Land use planning surveys; to determine where planting certain crops would be most advantageous

U POI’S STORY

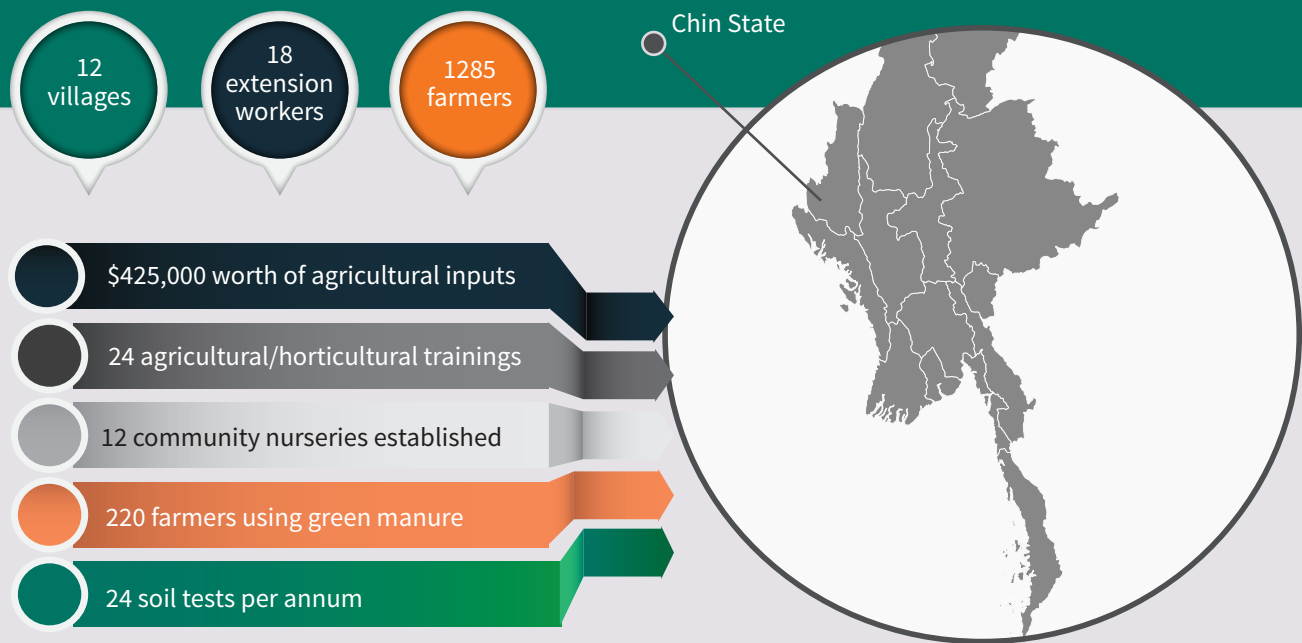
U Poi Khone from Balei Village was identified by the project as a key farmer to actively engage in ADRA’s SURE project. Even though he was an active farmer, he could not farm productively for several years because the water source was far away from his farm and he had to rely on the seasonal rain. He could not afford to buy water pipes for irrigation. When hearing of the SURE project, he began working in the abandoned parts of the farm, clearing bushes along the path of the intended water source. His enthusiasm and commitment was recognised by both project staff and the Village Development Committee and he was selected to be a model farmer.

Upon selection he expressed his feelings as follows, “I am really happy that now I could do farming in my field without difficulties. I am really thankful to ADRA for providing me what I need as a farmer. I will try to be a model farmer not only in my village but also to the surrounding farmers in other villages. Personally I am against slash and burn agriculture because it cannot provide enough food and income for farmers. Therefore, I want to show people around me that permanent agriculture is more sustainable and viable economically. I am hoping that my farm will become a true motivation to farmers in my village and surrounding villages”.

The SURE project provided water pipes for irrigation, technical skills and the other hands-on training needed to help manage and prepare land for a variety of crops. U Poi’s farm has become an integrated farm. He grows seasonal crops, rice paddy, perennial trees like stink bean and silk, and other cash crops like elephant foot yam, coffee and ginger. He also aims to establish a mini fish pond. He claims that “I don’t need to worry about food self-sufficiency because my farm can provide me enough food and I can also sell surplus products.”



ADRA IS SUPPORTING SURE IN MYANMAR THROUGH:



By resourcing active farmers like U Poi, the impact of the SURE project reaches far beyond the farmers that are directly involved in the project. Project participants influence fellow farmers to understand the negative impacts of slash and burn agriculture and the positive returns of integrated farming. In turn this provides benefits to a whole district where children, women and men live.

UPCOMING EVENT...

14 OCTOBER 2018

The ADRA Run

3KM ★ 5KM ★ 10KM ★ 21KM

Join the ADRA Run and raise funds to lift families in Timor-Leste out of poverty.
Register today @ www.adra.org.nz/run

OUT + ABOUT

FROM OUR COMMUNITIES

A LEGACY OF LOVE | From an early age, Michiko Kishiyama Mulitalo, better known as Michi, experienced a world of social injustice and prejudice. During the Second World War, her family was relocated and incarcerated to a Japanese internment camp, a response to paranoia and fear-mongering following the bombing of Pearl Harbour. Despite this, and other setbacks her family faced following the war, Michi chose to lead a life dedicated to serving others.

After graduating from university, she decided to volunteer in the Peace Corp – a service set up by John F Kennedy to promote world peace and friendship in the world. Michi was amongst the very first Peace Corp volunteers who were deployed to Samoa. Little did she know the impact this decision would have on the course of her life. There she would meet her husband and raise their family till they moved to Wellington, NZ in 1991.

Throughout her time in New Zealand, Michi continued to enrich the lives of those around her through volunteering at the NZ Red Cross, and later working for many years at the Artificial Limb Centre. Within the church Michi also served in various roles including being an avid ADRA volunteer and donor. Michi was involved locally with a soup caravan ministry in Wellington, as well as visiting the elderly in the city and providing them with food and support.

You see, when most people think of ADRA, they think of

the aid and relief provided to those in need overseas. So many are not aware of the numerous community initiatives where ADRA partners with the local Conference and churches, to help strengthen families and communities right here in New Zealand!

In the last two years alone, there have been 60 community programmes around New Zealand. From weekly community meals in Kaitia to the Depression & Anxiety Recovery Programme in Invercargill. The reality is, the needs of people in New Zealand are rapidly increasing, so as the hands and feet of Jesus, we too can enrich the livelihoods of those around us by engaging or supporting a Community Transformation Partnership (CTP) initiative.

After a long battle with cancer, Michi was laid to rest on the 2nd of July, 2018. Today we want to pause to acknowledge and thank God for Michi – who also represents many passionate past and present ADRA supporters. THANK YOU for your time and efforts in volunteering, fundraising or donating. Your legacy of love in helping make a real difference in the lives of those who need it most – here at home and overseas.

Like Michi, you too can leave a legacy of love by enriching the lives of those around you.

For more information see www.adra.org.nz/ctp



WANT TO MAKE A DIFFERENCE IN YOUR COMMUNITY? | The last round of funding for 2018, closes on the 15th of October.

THIS SEPTEMBER...

WHAT WILL YOU GIVE UP SO THEY DON'T GO WITHOUT?



Join us for the annual ADRA appeal month as we GIVE UP our luxuries....

Get your friends, family, workmates or church group together and help us raise the \$90,000 needed to help the families in Myanmar.


MY ENTERTAINMENT
Movies?
Concert?


MY LOOKS
Hair Cut?
Manicure?


MY TREATS
Chocolate? Coffee?
Snacks?


MY TIME
Bake Sale?
Garage Sale?


EATING OUT
Takeaways?
Work lunch?

**GIVE IT
UP⁴
GOOD**

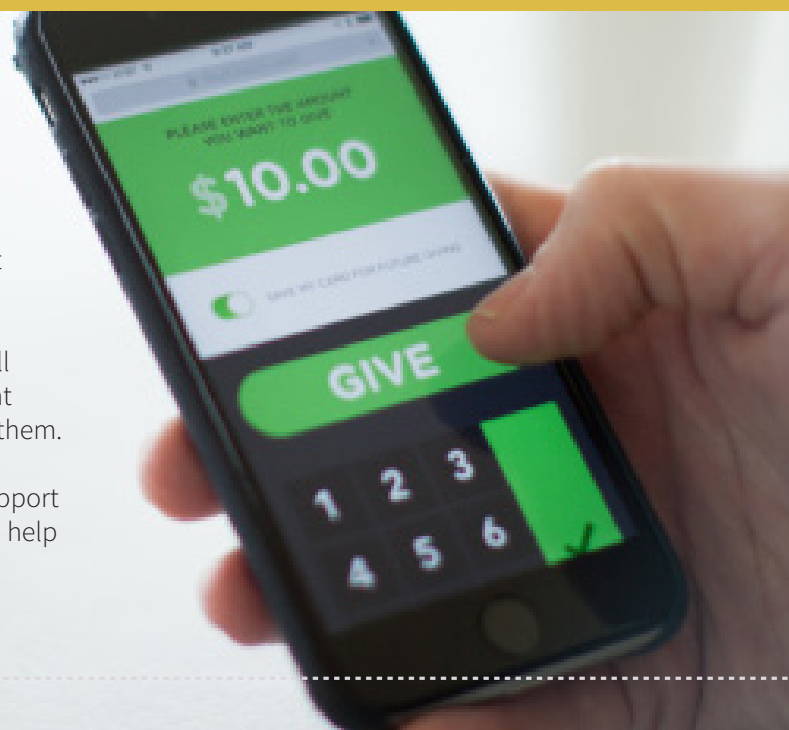
www.adra.org.nz/giveitup

REGULAR GIVING

Sustainability is a key part of ADRA's work. We work alongside people for the long term, as this is important to bring about permanent change. Instead of giving someone a fish, we teach and empower people to fish for themselves. This is why we rely on regular donor generosity to bring about this positive change in the communities.

We need people who will stand with us in this. People who will commit to regular support, allowing us to plan and implement interventions with the certainty that we can continue to fund them.

Will you be one of those people? By signing up to regularly support ADRA's work, you will ensure that together we can continue to help where it is needed most.



Donation details

Amount _____ Frequency: Fortnightly ☐ Monthly ☐ One-off ☐

Title: Mr / Mrs / Ms / Miss _____

First name: _____ Surname: _____

Address: _____

Suburb: _____ City: _____ P/code: _____

Phone: _____

Email: _____

Payment details

☐ Enclosed is a cheque/money order for \$ _____
(make it payable to ADRA New Zealand Ltd)

..... OR

☐ Please charge my ☐ Visa ☐ Master Card ☐ Amex

Expiry date: / CVV #: _____ Name on card: _____ Signature: _____

For more information visit adra.org.nz/regulargiving